

Yoga Reunion



Marianne Blackburn • Yoga Instructor, E-RYT 200 • marianne@gogetinspired.com • (919) 272 - 5197

Join us at Wake Forest Yoga to welcome Marianne back to North Carolina!

Teaching yoga since 2005, she has worked privately with many students—whether they were looking to master a certain pose, learn relaxation and breathing techniques, or simply find a tailored practice while pregnant or during injury rehabilitation.

Her practice is inspired by the teachings of Paul Grilley, Dharma Mittra, Andrey Lappa and Erich Schiffmann. Erich touches a special place in her heart that has given her practice and teaching new life and breath. Don't be surprised if she asks you about doing some Freedom Style Yoga!

About

Looking to find a full-time career that complements her yoga teaching, Marianne enrolled in massage school in April, 2011. She is now learning Swedish, Neuromuscular, Thai and other massage modalities. She intends to focus her massage practice to yoga students, sports massage, and pain management.

Currently, Marianne is **only** teaching workshops and privates in North Carolina and Louisiana. Catch her while you can!

Details

Saturday, January 28th from 1-4pm
Wake Forest Yoga
103 South White Street, Wake Forest

Donation/ Suggested Fee

Since this is a welcome back--let's have fun--vinyasa class, suggested donation is \$30 per student or \$55 a pair. Pay what you can!



Call 919.614.5945 or email wfy@wakeforestyoga.com to reserve your spot. Space is limited at our intimate yoga studio.